

# AIKIDO OF MODESTO



## **Workshops with DAN MESSISCO Sensei (6<sup>th</sup> Dan)** **November 6 & 7, 2009**

### Schedule:

#### Friday

6:30 pm - 8:30 pm

#### Saturday

Session 1 -

10:00 am - 12:00 noon

Session 2 -

2:30 pm - 4:30 pm

There will be a Nidan test at noon, please honor Anna Davis by attending.

Cost: \$20/session or \$50 for all three sessions

Directions to Aikido of Modesto: take hwy 99 to the Briggsmore exit, go east about 5 miles, turn right onto Coffee Rd, ½ block on the right, upstairs. Dojo phone: 209-526-7237